

# Capital District Kiwanis

Serving the children of the world



## MiniBuilder

Feb - Mar 2010 Dave Maloney, Editor

### Governor's Message by Governor Don Dudey

As you are reading this article, the time to register for the District Midwinter Conference is now and closing fast. The Convention Committee has been working very hard to bring you a very outstanding conference - from outstanding speakers, great training session to the really fun stuff like the Friday night casino night and the visiting with the many Kiwanians you have not seen for months or years. This is truly

an outstanding conference for several other reasons too. One, Kiwanis International President Paul Palazzolo will be with us the entire conference, so you can visit with him about Kiwanis as a whole or just your club activities. Two, this is the Capital District's CKI's 50th birthday and since Service Leadership Programs within the Capital District are so important, what better way of showing our support than to attend this Midwinter conference. Third, CKI is conducting their District Conference (DCON) in conjunction with our Midwinter conference, so you can attend the CKI District Convention and see how they conduct theirs compared to



our District conferences. You might be surprised in what you see.

I know many of your regions are having their own Regional Training Conferences during the months of January thru March, and they are very im-

(cont'd on page 2)

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### Please Help Haiti By Gov. Gary Levine, Eastern Canada and Caribbean District

Dear Governor Don,

With great sadness we have learned of the terrible tragedy that has befallen Haiti. The loss of human life is staggering. The suffering that will continue is beyond comprehension. Haiti is a member of our Kiwanis family with an active Kiwanis club (the Kiwanis Club of Jeremie) under the leadership of President David Latour. They need our help. You can help.

Our Kiwanis Foundation of Canada and our Kiwanis International Foundation have each committed \$10,000 to be used to match money donated by our clubs and our members. We are petitioning the Government of Canada to match our combined money and the indication is that they will. That means that a \$100 individual donation will yield \$400 in Haitian aid. In order to make sure that our

donations go to where they are most needed, we have partnered with UNICEF Canada. UNICEF already has field workers in Haiti providing much needed aid.

Don, we have set up a special Kiwanis web page, with UNICEF, that will allow them to track our Kiwanis donations and provide the necessary reports to our Foundations and to the Government of Canada. By going to our Kiwanis ECC website [www.kiwanisecc.org](http://www.kiwanisecc.org) and clicking on this link you will be directed to our special UNICEF donation site. Please pass this information on to your Kiwanis clubs and fellow members. Kiwanians live to serve the children of the world. Our children are crying out for our help. Please go to our District web site ([www.kiwanisecc.org](http://www.kiwanisecc.org)) and click on our special donation link to pledge your support.



**Governor's Message** (cont'd from page 1)

portant too because it allows many Kiwanians to attend a regional event when they do not attend any other regional or district event. But, I think that because of the combination of events for the District Midwinter Conference, you should seriously consider coming to the Arlington, Virginia for this event, even if it would only be for one day, say Saturday. We owe it to the District CKI organization in supporting their continued growing within the Capital District.

Changing the subject now, there are two events coming up that I want to have you begin planning on now, as it will take some work to make both a success.

The first is April 10, Kiwanis One Day. Some of you have participated it this event in the past, but there many more that have not. Kiwanis One Day is where Kiwanis world-wide want to have every club conduct some type of service project on this specific day, advertising the event in your community and getting as many Kiwanians, Key Clubs, Cider, Builders Club and even K-Kids involved with this project. Other words, make a "big deal" out of this project, do it on Saturday, April 10 and tell everyone about the project and Kiwanis. Our Community Service District Committee, chaired by Brian Wilson of the Poquoson Club, can help give you information about how to conduct this project, or you can go onto the KI website and search for Kiwanis One Day and find the information too. Whichever way you go, planning for this day needs to start now. This can be a club event or a division event, that is your choice, but whatever way you go, start planning now.

My second change the subject is, Membership Growth Month. KI President Paul Palazzolo has designated the month of May as Membership Growth Month. We are asking every club to plan some type of event during the month of May that your club can do to attract new members. From having a "Special Guest Day" event to having a community awareness program for the whole community. Whatever activity you con-

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**Governor's Message** (cont'd from page 2)

duct, the purpose is to bring in prospective members and talk about Kiwanis, what you do in your community and how they can get involved in the activities of your club. This event will take several months to plan so the time to start is now. It is not just the membership chair's responsibility; this is a club event, getting all members involved. Each of your Division's LTG will be more than happy to attend your meeting and help you design and build this event. That is their major responsibility, helping your club in whatever you need, especially membership growth. This does not mean that we have to stop recruiting now or after the Month of May. Recruiting should be conducted year around, but we want you put special emphasis on membership recruitment during the month of May. The Club that has the greatest growth percentage for the month of May-June will be recognized and rewarded at the District Convention in Lynchburg, August 2010.

I have been visiting many Divisions and individual clubs these past few months, and I am really impressed on what Kiwanians and their clubs are doing in their communities. This is what Kiwanis is all about "changing the world, one child and one community at a time" Keep up the good work as you

change your community and children (and adult) in it. We just need more "hands" (members) to do the work at hand.

Thanks, and I hope to see you in Arlington, Virginia, Feb 26-28 2010.

**Governor-Elect Candidate**

by Ellis H. Stroup, District Secretary-Treasurer

In accordance with the Capital District Policy Statements, qualified members who have filed their intention of being a candidate for the office of Governor-elect may have their candidacy announced District wide beginning on the second Friday in January. The Kiwanis club of Tysons Corner, Virginia, supported by the clubs of Division Twenty, has presented **Jeffrey Wolff** (below) as a candidate for the office of Governor-elect of the Capital District for the 2010-2011 Administrative year.

**Gov. Elect Tom's Message**

by Gov-Elect Tom Varner

I am late in writing this month's article and as a result, I am watching a heavy and quiet snowstorm blanket-



ing my world. It seems so quiet and peaceful, and it almost allows you to escape from all that is going on around us locally and globally.

For all of us in the Capital District, we have an opportunity to join with CKI to celebrate their 50th anniversary. We can do this by registering for and attending the 2010 Capital District Midwinter in Chantilly, Virginia from February 26 -28. In addition to the celebration, there will be over 20 educational opportunities available for Kiwanians to learn more about operations and programs. I look forward to seeing many of

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KIWANIS  
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 THE FINAL CHOICE  
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 ANNOUNCED AT  
 THE KICON IN  
 JUNE. THE THREE  
 FINALISTS CAN BE  
 ACCESSED AND  
 YOU CAN ENGAGE  
 IN AN ONLINE  
 DISCUSSION  
 FORUM BY GOING  
 TO  
 WWW.KIWANIS.ORG/WSP.

### Gov-Elect Tom (cont'd from page 3)

you at his historical event.

This past weekend I attended the Service Leadership Programs Administrators' conference in Denver. Other than the travel, it was a rewarding and challenging experience. President-Elect Sylvester Neal informed the Governor-Elects that this was second part of our training. We in Capital are very fortunate to be able to meet and communicate with our administrators. In some of the Districts, this meeting was there only face-to-face meeting with the Service Leadership Programs administrators.

The meeting emphasized the importance of Kiwanis is the lives of the young people we sponsor. I was also impressed to see some young Kiwanians getting involved. Still, as I looked around the room, most of the Kiwanians were older. In your club, encourage your new and younger Kiwanians to get involved with the Service Leadership Programs in your

area. Probably some middle and elementary schools could support a K-Kids or Builders Club if you provide the opportunity.

Kiwanis International has announced the three finalists for the Worldwide Service Project. The final choice will be announced at the KICON in June. The three finalists can be accessed and you can engage in an online discussion forum by going to [www.kiwanis.org/wsp](http://www.kiwanis.org/wsp). The three topics are Neglected Tropical Diseases, Malaria No More, and Maternal and Neonatal Tetanus. Take this opportunity to become informed and involved in this important decision for Kiwanis.

One final item, we still need nine Lieutenant Governors to complete the 2010 - 2011 team. If your Division does not have a leader for the next Kiwanis year, please become active in getting you Division represented. The new leaders need to be able to receive information and to meet with their peers so that they can better serve you and the youth of our communities.

### Registration Now Open For Spring 2010 Key Leader

by Nicole McDermott (CapitalKeyLeader@gmail.com)

Our spring 2010 weekend will be April 23-25, 2010, at Arlington Echo Outdoor Education Center, in Millersville, Maryland. Registration is NOW AVAILABLE ONLINE for this event. Please visit [www.key-leader.org](http://www.key-leader.org) and click on Registration Information on the left side. Then find our event listing and click Register. Follow all prompts to register. Registration is complete only when a screen shows at the end that says something to the effect of 'Thank you for registering - registration now complete.'

The date of the weekend is approximately one month after Key Club District Con-

vention and does not conflict with Passover, Easter, SATs, or local spring break weeks. Arlington Echo is the same location as the 2008 and 2009 spring Key Leader events and consists of 24 wooded acres on the Severn River and boasts heated cabins, a dining hall, an outdoor ropes course, and more. Arlington Echo is about 45 minutes from Washington, D.C., and about 20 minutes from Annapolis. Corey Goggin from the Kiwanis Club of Tysons Corner is our 2010 Arlington Echo site coordinator.

Kiwanis International has determined that the 2010 registration cost will be is

\$200.00 per student if not in Key Club or Builders Club. Thanks to the Kiwanis International Foundation, the cost is \$175.00 for students in Key Club or Builders Club. Meals, lodging, t-shirt, participant manual and more are included in registration fee. (Please note that this information is different from what appeared in previous eBuilder articles about the cost; this was a recent change per Kiwanis International.)

The spring Key Leader events are open to any current 8th-12th grade students (in or out of Key Club or Builders Club). Once again, our goal

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# MiniBuilder

# Feb.—Mar. 2010

## 2008-2009 Distinguished Clubs

by Ellis H. Stroup, District Secretary-Treasurer

Division	Club		
		14	Crofton
1	Easter Branch		Ellicott City
	Far East Washington		Prince Georges
	Georgetown, D.C.	15	County
	Shepherd Park	16	Delmar
	Southwest Water	17	Norfolk
	front		Virginia Beach
2	Lynchburg		Potomac
	Roanoke	18	Rockville
	Salem		Colonial Heights
5	Alleghany Highlands	19	Petersburg Breakfast
	Harrisonburg	20	Old Town
	Waynesboro		Annandale
10	Manassas		Arlington
	Manassas Battlefield		Leesburg
11	Bridgeville		Mount Vernon
	Dover		South Arlington
	Elkton	21	Tysons Corner
	Greater Millsboro	22	Great Bridge
	Rehoboth Beach		LaPlata
12	Parkville		St. Mary's County
	Reisterstown	23	Waldorf
13	By The Bay		Colonial Capital
	Downtown Hampton		Gloucester
	Hampton		Grafton
	Mercury 64		Poquoson
	Old Point Comfort		Tabb
	Peninsula		Toano
	Warwick		Williamsburg

### Key Leader (cont'd from page 4)

for this event will be 60 students plus an additional 8-10 student facilitators. We were so very happy that our 2009 event "sold out" with 80+ students attending Key Leader and reaping the benefits of this tremendous program! We are looking forward to the same in 2010. Last spring, there were Kiwanis Clubs and others who wanted to register, but could not because we were sold out. Please register

early to ensure a space in this amazing program!

Key Leader is a leadership education weekend for high school students focusing on the concept of service leadership and five principles: integrity, growth, respect, community and excellence. The weekend is casual and includes hands-on exercises; writing and reflection activities; cooperative, team activities; physi-

cal challenges; risk-taking opportunities and more. Students arrive between 4-6 p.m. on Friday and depart between 11 a.m.-12 noon on Sunday. All adult chaperones have undergone background checks, and the weekend is run by a professional facilitator who has successfully completed a training course on the curriculum and who

(cont'd on page 6)

KEY LEADER IS A  
LEADERSHIP  
EDUCATION  
WEEKEND FOR HIGH  
SCHOOL STUDENTS  
FOCUSING ON THE  
CONCEPT OF  
SERVICE LEADERSHIP  
AND FIVE  
PRINCIPLES:  
INTEGRITY,  
GROWTH, RESPECT,  
COMMUNITY AND  
EXCELLENCE.

**Key Leader** (cont'd from page 5)

brings experience working with young people.

Thank you again to all of the Kiwanis Clubs that supported Key Leader in 2009! We hope for even more support from Kiwanis Clubs in the District for 2010! Special acknowledgement to the Kiwanis Club of La Plata, Mary-

land; La Plata is the sponsor of the first two students who have registered for 2010 - woo hoo!

For more information about the Spring 2010 Key Leader weekend (April 23-25-2010 in Millersville, Maryland), please contact Capital District Key Leader Chair Nicole McDer-

mott at CapitalKeyLeader@gmail.com or 703.917.8877. Search Capital District Key Leader on Facebook and become a fan! Visit www.youtube.com/CapitalKeyLeader and watch live student testimonials about the quality of the program.

**Kiwanis Club of Lynchburg Celebrates 90 Years of Community Service** by Past Governor Bob Cressy

The Kiwanis Club of Lynchburg, Virginia, celebrated its 90th year of community service at a Randolph College banquet hall with over one hundred attending. When we all think about service, what is needed, how to perform it

and how to promote the continuance of community service and our Sponsored Leadership Programs, one ingredient is to look to our Kiwanis history, our legacy.

The Lynchburg Kiwanis Club is the eighth oldest club in the Capital District

having been founded January 15th, 1920. This was five years after Kiwanis itself was founded. It was two years after the end of The Great War. Autos and air travel were still in their in-

(cont'd on page 7)

**Important Club Insurance Issues** by Mike Rind

Club Secretaries recently received new General Liability packages from Kiwanis International. They have also received information on two major developments regarding Kiwanis's Insurance offerings.

ber per year, depending on the level of coverage selected. In deciding whether to choose

this option, clubs should consider whether it may duplicate

(cont'd on page 7)

CLUB SECRETARIES RECENTLY RECEIVED NEW GENERAL LIABILITY PACKAGES FROM KIWANIS INTERNATIONAL.

First, Clubs may now choose to purchase an OPTIONAL "Accident Insurance" package, including death, injury and disability benefits for members injured while working on Kiwanis projects. The cost to a club ranges from \$2.15 to \$3.50 per mem-

**In Memoriam**

**January 2010**

Mary McManus, Mitchellville, Md.  
Joseph J. Gallagher, Greater Ocean Pines, Md.

**December 2009**

William T. Howard, Jr. (Past Lt. Gov.), Frederick, Md.  
Jack Nieman, Abington, Va.  
Mary Mattes, Rehoboth Beach, De.  
Robert Murphy, Alexandria, Va.  
James Thomas, Ocean View Beach, Va.  
Jeanette Stabler, Wheaton-Silver Spring, Md.  
Chris Rylkas, Virginia Beach Combers, Va.

**90th** (cont'd from page 6)

fancy. It was a time of the founding of the Washington club, Baltimore, Roanoke, Wilmington, and Petersburg among others. And today, new clubs and the oldest clubs continue to look to how to best serve the needs of their communities. The Lynchburg Kiwanis Club has the formulae and still does exactly that. In fact they will host the Capital District Convention in August 2010.

Past President Ed McCann, Lynchburg president in 1990, highlighted many service projects of the club over the years. For example in 1922, "the Club

established its Education and Benevolent fund, the vehicle through which the Club financed its charitable work in the community. Later in the 1920's, the Club aided in the beautification of Riverside Park ... contributing to the City and planting 400 Kwansan Cherry Trees'. They constructed playgrounds, provided help to the Boy Scouts and Girl Scouts, the Community Chest, and public school programs with childhood immunization programs, tutoring, supporting area Key Clubs. Kiwanians con-



tribute to this Foundation.

The Key Note speaker was United States Army Colonel Gray Heppner, M.D., winner of the 2009 Kiwanis International World Service Award at the Nashville convention for his medical research on malaria. He is working on the development of a malaria vaccine and is in the Kiwanis spirit of "One Can Make A Difference". And as leaders in service, like COL Heppner and like so many Kiwanians, we can all inspire others to join us in changing the world. Now is the time. Congratulations, Lynchburg Kiwanians.

*(Above) Lynchburg Kiwanis Club President Ken Price presented COL Gray Heppner a check from the club for \$1,100 to help his research. The Lynchburg club nominated COL Heppner for his 2009 Kiwanis International World Service Medal award at the KI Convention in Nashville.*

THE KIWANIS  
CLUB OF  
LYNCHBURG,  
VIRGINIA,  
CELEBRATED ITS  
90TH YEAR OF  
COMMUNITY  
SERVICE

**Insurance** (cont'd from page 6)

coverage their members may already have in their personal homeowners' coverage, and also the amount of strenuous activity in which club members engage in their service and fundraising activities.

Second, an issue which has been a source of question for some time has now been resolved. As of November, 2009, Kiwanis General Liability Coverage no longer excludes the sale of alcohol. There are a number of requirements associated with this change, which will be

discussed in detail during the upcoming District Midwinter Conference training session on risk management. This change reflects Kiwanis International's recognition that clubs and their members can be trusted to be responsible regarding alcohol use, especially during projects conducted in the presence of children. Questions on these developments can be directed to my attention, please list my email address (mrind@comcast.net) or cell phone number (410 294 9423).



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We're on the Web!

**[capitaldistrictkiwanis.org](http://capitaldistrictkiwanis.org)**

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## Snapshots



**K-Kids Help Haiti** by Juddy Murray. Middlesex Elementary K-Kids created personal care kits for the Haiti. This project was brought to the club by the school's principal and the club vice-president. The club wanted a hands-on project. The club created 82 bags. The bags contained soap, washcloth, hand towel, toothbrush, comb, clippers, band aids and \$1 to purchase toothpaste.



**K-Kids Deliver Happy Feet Socks** by Bruce Malkin. The K-Kids is a community service club at Stratford Landing Elementary School. It is sponsored by the Mount Vernon Kiwanis Club. On December 4, eight K-Kids visited Paul Spring Retirement Community on Fort Hunt Road, and delivered to all the senior residents that were available a pair of hand-decorated socks, which they call "Happy Feet Socks" because they decorate them by sewing "Ho Ho" on them. Four parents participated too. The group was led by Lindsey Mongan, K-Kids President.