

**WHAT?**

- Key Leader is a leadership education weekend for high school students focusing on the concept of service leadership and five principles: integrity, growth, respect, community and excellence. The weekend is casual and includes hands-on exercises; writing and reflection activities; cooperative, team activities; physical challenges and more.

**WHO?**

- Any current 8<sup>th</sup> – 12<sup>th</sup> grade students (in or out of Key Club or Builders Club) – no limit per school

**HOW?**

- Students must have a nominator or sponsor (does not have to be the same person/group)
- In January 2010, please visit <http://key-leader.org/participate/> and click “Register” next to the April 23-25, 2010 Arlington Echo listing – follow steps to register online
- The cost is \$215/student
- Meals, lodging, t-shirt, binder of materials and more are included in registration fee

**WHERE?**

- Arlington Echo Outdoor Education Center in Millersville, Maryland – approx. 45 minutes away from D.C.

**HOW TO LEARN MORE?**

- Ms. Nicole McDermott, District Chair – [CapitalKeyLeader@gmail.com](mailto:CapitalKeyLeader@gmail.com) • 703.917.8877 // [key-leader.org](http://key-leader.org)
- On Facebook, search “Capital District Key Leader” and become a fan!

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